90 Students Attend Leadership Institute
New Institute in February for 70 Others

By Balqees Mabkhoot

A total of 90 students participated in the Leadership Institute (LI) that was held September 20 to 21 in the Z Auditorium of Zayed University in Abu Dhabi.

"I want to be a leader."

You might hear these words from someone you know, but can everyone be a leader?

Can leadership be taught? Are there specific attributes of leaders? What is the relationship between leader and follower? These questions and more were answered over two days of the LI in a series of workshops and lectures. Some participants shared their impressions and experiences.

The most important thing is... "Developing our personalities and guiding us to new ways," says Asma Rubayee Al-Menhali, SBS major. (Continued p. 3)

Breast Cancer Campaign at ZU

By Rauda Al-Qasimi and Badreya Saood

According to the Eastern Mediterranean Health Journal, 19% of female cancer deaths in the United Arab Emirates are attributed to breast cancer. At the beginning of October, Zayed University held its annual Breast Cancer Awareness days (BCA). The event was organized by Amal Al Khoury, Activities Co-ordinator, the Student Council, and eight clubs.

During BCA, students raised money for breast cancer research by selling pink items including ribbons, bracelets, diaries, mugs, t-shirts, and roses and sweets like marshmallows, cotton candy, and popcorn.

Amira Ben Achour, PR Officer of the Gulf Diagnostic Centre, says, "I think that this event is important for the university, especially faculty and staff members over the age of 40. They must get a mammogram yearly."

Breast Cancer Campaign at ZU

By Rauda Al-Qasimi and Badreya Saood

According to the Eastern Mediterranean Health Journal, 19% of female cancer deaths in the United Arab Emirates are attributed to breast cancer. At the beginning of October, Zayed University held its annual Breast Cancer Awareness days (BCA). The event was organized by Amal Al Khoury, Activities Co-ordinator, the Student Council, and eight clubs.

During BCA, students raised money for breast cancer research by selling pink items including ribbons, bracelets, diaries, mugs, t-shirts, and roses and sweets like marshmallows, cotton candy, and popcorn.

Amira Ben Achour, PR Officer of the Gulf Diagnostic Centre, says, "I think that this event is important for the university, especially faculty and staff members over the age of 40. They must get a mammogram yearly."

"Living in the UAE is easier and quieter than in Egypt because the population there is larger," she says with a smile.
Readiness Students Sign Up at Clubs' Fair Day in Abu Dhabi

By Noura A. Malek

21 students signed up for clubs during Clubs' Fair Day at the Abu Dhabi campus in mid September. Fourteen clubs introduced their activities and goals to Readiness students.

The Best Wishes, Business, Community Services, Education, Eve, Italian, Japanese, Photography, Shamy, Sports, Surprise, Theater, Twasul, and ZU Radio clubs were all represented on Fair Day.

During the event, Readiness students signed up for membership after listening to some of the creative presentations. A few especially seemed to capture the young students' attention.

For example, Sports Club president Mariam Amiry told them that participating in sports such as volleyball, ping pong, and basketball would help them enhance sports skills. But she emphasized that any kind of participation and coming to matches against other university teams would help them "gain teamwork spirit" and a love of challenges.

ZU Students’ Italian Summer

By Rauda Al-Qubaisi

Last June, six students from Abu Dhabi campus and seven from Dubai, accompanied by chaperones Ann Barrell and Amal Hadad, took off for Milan. They travelled to Italy for an intensive Italian language course at the Università Per Stranieri in Perugia where Italian is taught to foreigners from all over the world.

La Casa Italiana, ZU's Italian Club, organized the trip, with the help of the Italian Embassy in UAE. According to Al Anood Al Malek, president of La Casa Italiana, everyone taking the course had to communicate in Italian, which, she says, was a great help in improving language skills.

Dunia Belal from the Abu Dhabi campus says, “I enjoyed learning a third language. I feel that the more languages we learn, the more knowledge we gain.”

When asked what she thought of this experience, Al Anood replied, “It helped us get the chance to meet people from all over the world.” The girls also visited Rome and Florence.

Yoshiko Watanabe and Junko Kawano making presentations.

Japanese Editors on Women and Society

By Shaikha Mohamed

Always trying to connect our society with other countries, Zayed University last month welcomed two Japanese women editors, Yoshiko Watanabe and Junko Kawano, who lectured about Japanese working conditions and the hard task of changing the situation of working women in Japan.

Yoshiko Watanabe, the editor in chief of ad magazine Human Ad, talked about her experiences as a working mother. She mentioned challenges she faced to get her first job at companies which refused to hire her because of her gender. Yoshiko said her aim is to change her society's stereotype about working mothers by being a positive example of a successful working mother. She said, “I overcame marriage and childbirth and built my career.”

Junko Kawano, the editor in chief of Travail Magazine, started her speech by telling students about herself and Travail, the most popular job information magazine among Japanese women.

She presented statistics that showed the low number of Japanese women in management positions and women's annual income compared to men's. Junko also talked about the problems faced by working women in Japan trying to raise children.

 Afterwards, Zayed University students and the Japanese editors talked about women's roles in society.
New Event Coordinator

Azza Al Muhairi

By Shaikha Mohamed

Azza Salim Al Muhairi is the new event coordinator at Zayed University who is working with the Vice President’s Office in planning, coordinating, and implementing events that relate to the community and the University.

After getting her diploma in Business Information Management, she worked for the Department of Health and Medical Services in Dubai.

Leadership Institute a Benefit, say Students

(From page one)

Students attending the Leadership Institute workshops said they gained greatly from their experiences.

Among the skills they learned were:

"To know how the leader should be, to know about the followership and what type they should be. Also it teaches us what is the difference between the group and the team, and what is the group think," says Huda Al Kaabi, from Communication & Media Sciences.

"To be responsible," says Shareefa Hashim, Family Sciences.

"How to be an active follower or leader," says Shaikha Mohamed, Communication & Media Sciences.

"Skills related to leadership like confidence, self esteem, organization, time management," says Khansa al-Blouki, SBS major.

"To improve my skills in leading and performance as a leader in a good way and prove to myself that I could be a leader and handle life or job responsibilities in an efficient way," says Alya Masoud, Arts & Sciences.

"Participate and never give up, because it is a really useful and enjoyable program," recommends Huda.

"It is just a great experience," says Asma.

Graduate Describes Workshops as Ideal

By Badreya Saood

"This was the ideal opportunity for me, I wanted to work in a field related to what I have studied at ZU," says Hanan Saif, a student of the College of Communication & Media Sciences now working as a marketing communication analyst in the Corporate Communications Department at ADNOC.

Hanan had been working for only two months when she was interviewed, but she has already been exposed to on the job ethics and skills that she could only get once she started working, even if she was first introduced to some of them at ZU: for example, promotional campaigns, advertisements, exhibitions, and everything else related to corporate identity

Hanan's job requires a lot of creativity and assertiveness in decision making. She finds that she has been helped by what she learned at ZU.

To students at ZU today, Hanan suggests: "Take as many electives from different colleges as you can; apart from your communications courses you will need other courses offered by other colleges such as business, accounting, and graphic design."

Professional Tips: How to Look Fresh for University

By Fatima Abdullah

Everyone likes to look pretty and feel fresh when she comes to university, especially if she goes to Zayed University where, according to rumors, girls are known for their sense of fashion and expertise in applying makeup.

But using makeup isn't easy. Because of the hot weather and the long hours studying, many girls find it hard to maintain their fresh look. Luckily, Gladys Anticua from Continental Beauty Salon has come to the rescue with some simple tips on how to create a fresh look that lasts the whole day.

Tips from Gladys

1. Use less foundation; put on a thin layer that won't melt in the heat and humidity.
2. Select light, bright colors for eye shadow and make sure it's power, not cream, to avoid smudging.
3. Add a gentle touch of mascara and make sure it's waterproof.
4. Try to use shades of pink or peach on the cheeks. 
ZU Students Exhibit at Cultural Foundation

By Balqees Mabkhoot

Two Zayed University students exhibited their photographic work at the Abu Dhabi Cultural Foundation at the end of September.

Wadha Al-Qubaisi, an Arts & Sciences graduate, and Nadya Al-Manea showed their work for a week.

Wadha says, "each artist boasts a style of her own and that shows the diversity in the talents of UAE women artists."

Nadya says it was a dream of hers "to participate in an exhibition and let the other people see my work and criticize it; it is a wonderful feeling that I can’t describe."

Mariam Manages Six Children and Study

By Badreya Saood

Having children and studying at the same time is difficult for some mothers nowadays. But others feel comfortable having children and completing their studies because they are aiming for success.

Mariam Ahmed is a good example of a woman who wants to be successful. She is a student of the College of Education in Zayed University, and she has six children.

"I decided to complete my study when I had the fourth baby," says Mariam. She wants to get the bachelor's degree to get a good job and help her husband.

Mariam balances obligations between her studies and her home, and her husband helps her in that. She says, "when I come back from the university, I find my husband is cleaning the house or teaching our children."

Sometimes Mariam finds her studies useful at home. "I took many courses at ZU that helped me to get the experiences in how to deal with the babies and how to teach them when they become adults," explains Mariam.

Mariam believes that learning in life is the main road to reach the goal. So, she studies hard to get a high degree to give her better job chances in life.