Health

Health issues may be *physical* or *mental*. Examples of physical health problems include: diabetes, obesity, Thalassemia, and Cancer. Examples of mental health problems include: depression and anxiety. Learn more about mental and physical health problems faced by people in the UAE by looking at the causes, treatment, and effects of these issues. Research how these topics affect people both in the UAE as well as in other countries. Do they differ? Looking at mental and physical health problems around the globe will help you understand how problems in the UAE experience health issues. Ask yourself: How many people suffer from these problems in the UAE? What effect do these health problems effect people? How are these health problems caused? Look at government initiatives and organizations dedicated to treating these illnesses and problems. Examples of these initiatives and organizations include (but there are many more):

- UAE Interact
- Vision 2021
- UAE Embassy
- World Health Organization